

# Substance Abuse Prevention Workshop

Wednesday, July 28, 2010

9:00 a.m. – 12:00 p.m. and

1 p.m. – 4:00p.m.

Border Region MHMR

1500 Pappas, Laredo, TX 78041

## This workshop will help participants better understand:

- **Risk and Resiliency (9:00a.m to 12:00p.m.)**  
This session is designed to guide participants in how to shift current risk/deficit practices to a resilient/strength orientation. Participants will review the factors found in resilient youth and the protective factors that foster them and will also learn strategies and activities known to foster these factors in children and youth.
- **Cultural Competency (1:00p.m. to 4:00p.m.)**  
This presentation focuses on cultural diversity, including the definitions of culture and diversity. This training emphasizes the importance of cultural respect and how to learn to value other cultures. The session will engage all participants to express their views from different cultural perspectives. Participants will be able to utilize the cultural respect training to experience the benefit that other cultures have to offer.

**This workshop has been specifically designed for counselors, social workers, and other professionals that work with children and adolescents. It is "free-of-charge," and three (3) hours of CEUs will be provided to participants for each session. Individuals can register to attend one or both sessions. To obtain a registration form, please contact Mario Flores or Melissa Cavazos at 956-724-3177 or [mario@scan-inc.org](mailto:mario@scan-inc.org) and [melissa@scan-inc.org](mailto:melissa@scan-inc.org) by Friday, July 23, 2010. Register Early: Limited to 35 participants!**

